



# Vaccination: make an informed choice

Empower yourself with the facts

—by Johan Jacobs

**To have your child vaccinated or not has become a controversial and emotionally charged topic.**

### Put your perceptions aside for a moment

First of all, to evaluate this article objectively, it is required that you spend a moment to put your current perceptions and opinions on this topic aside for a moment. As for the last century, the media propaganda machines have effectively promoted and boosted this therapy, shaping your perception, which is not necessarily correct. Remember, a believed false perception or lie is stronger than the truth.

### God designed us perfectly

Take note that the human race and all the species on our planet survived for thousands of years without any vaccinations. But why? The Bible tells *“And God saw everything that He had made, and, behold, it was very good.”* – Gen 1:31.

God designed us with a very complex, capable, and sophisticated immune system. I believe our creator God made the immune system perfectly. It is strong enough to protect

and empower us to live a quality life without disease. In parallel, God designed the perfect food chain before He created us. This original food chain had all the qualities and nutrients to support a healthy and strong immune system. This is why we have survived to date on our planet.

### Modern foods are the main problem

What we as the human race recently discovered (over the last approximately 150 years), is the fact that there are certain nutrients that are so vitally important for the immune system to function properly. For example, think of Vitamin C. We all know that this is the first of thousands of nutrients that supports a strong and healthy immune system. Without Vit C, the body degenerates in many ways; scurvy,

**The human race survived for thousands of years before vaccinations.**

chronic infections, low immunity, and many more. However, if we just observe this one nutrient, it becomes clear that it is one of the many that is not present in our modern/convenient quick-fix, boxed, canned, refined, and processed packed diet. We, as humans on top of the food chain, attempted to re-engineer our food chain, but in the process, because of our limitations, have rendered our “new foods” to be nutrient deficient and stripped of vitally important nutrients – but if that is not stupid enough, our modern foods are also loaded with chemical preservatives and other nasty unnatural substances. This is exactly why we are in trouble against viruses with low immunity.

### Where are you putting your trust?

On the contrary, instead of changing, or should I rather say reverting to our original ‘Go Natural’ diet and life style that worked and caused us to survive and thrive for millennia, the other new modern monster industry, the medical industrial complex, designed a quick fix immune solution, the vaccination – backed by modern man’s scientific discoveries and technology. This is again a classical example of how ‘the system’ is treating the symptom and not the root cause, which is the faulty modern and adulterated diet, which is still not addressed. The modern diet not only causes low immunity, but also wrong diet related “dis-eases”, typical, dental caries, obesity, type two diabetes, cancer, and many more.

Modern men have effectively and preferably put their trust rather in science and technology (man) than instead in the almighty Creator God. This is the one fundamental reason that I think vaccination is unnecessary. In my book there are many more reasons why I suggest that you should think twice before you vaccinate your unsuspected child. The Bible tells us in Psalms 118:8, *“It is better to trust in the Lord than to put confidence in man.”*

### The hidden dangers of vaccines

A vaccine shot is literally a cocktail of chemical preservatives and biological material, mainly derived from diseased animal parts. One of the popular preservatives in vaccinations is Thimerosal, which contains mercury, and has been in use since the 1930’s. As a MS survivor, I have first-hand experience of what mercury can do to the Central Nervous System (CNS). Mercury is destructive. There is no safe level of mercury. Why is this dangerous chemical then introduced into something that get injected directly into young, small, and fragile beings? A simple search on the internet will convincingly validate this fact.



I.e.: “Flu vaccine contains 25 000 times more mercury than is legally allowed in drinking water”. There is also an insightful YouTube clip that shows how Mercury causes Brain Neuron Degeneration, on our website, where a small quantity of mercury was introduced to live brain tissue under a microscope, showing how the mercury damages healthy neurons after it is exposed to mercury. This lethal neuron toxin immediately distorts and destroys them.

I have personally spoken to many customers and parents whose children, within hours of having the MMR vaccination, completely changed and were diagnosed with Autism and cognitive impairment. Another unnecessary

new and modern manmade ‘dis-ease’ condition.

### Vaccine effectiveness

The books I have studied and my experience on this topic show that vaccines are far from effective, nor safe.

I believe man cannot improve on God and should not even attempt to do so. I believe our Creator made the immune system perfect. Leave it as it is.

It is strong enough to protect and empower us to live a quality life without disease: But we must be wise as we live in the modern changed environment to side step the double-edged sword of nutrient deficient foods on the one side and toxicology on the other.

Read our previous article, from the November issue of JOY, filled with suggestions on how to naturally boost your immune system. ■

**JOHAN JACOBS** is the founder and author of *Go Natural*. Visit [www.gonatural.co.za](http://www.gonatural.co.za) to order his book.

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• Do you think vaccination means that you do not put your trust in God?

