



Hannah's Recovery from severe Eczema

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We all want the best for our own children. Because our Lord created us individually, the best looks very different to each of us. There is a beauty in this diversity however, there are some natural "rules" about health that are generally applicable to all...

As a mother of 3, and a generally fit family of 5, my husband and I thought we were doing enough to raise our children in a healthy and safe environment. However, our 3rd child had severe eczema starting from just about when I stopped breast feeding, at the age of one. Her hands were red and scaly and our poor little girl could never play in the mud or sand, for then it would flair up. We started on a journey to find out what on earth could be the cause. We believe that most issues could be boiled down to a specific cause, most often related to what we put in our mouths...

After trying many things, including a no sugar diet, staying away from processed food, avoiding certain soaps and body creams, we decided to also stop consuming gluten all together. Leaving gluten was the first thing that really worked, hence the whole family jumped on the "gluten free" band wagon. We missed our freshly baked bread and Friday night pizzas but we persevered. We continued to look for healthier ways to live and by grace we came across Johan and his GO NATURAL story... We were impressed by how his severe condition was healed with a good diet and we decided to invest in our own stone grinder. From the first month of grinding fresh wheat, we knew that this was a life changer. Our little girl had no reaction to the freshly ground organic wheat hence, to everyone's delight, we re-introduced gluten to the family. After eating freshly ground gluten for the past 2 years, our youngest no longer has skin issues and we all feel much healthier. The only downside is that all of us now react with one or another symptom when we eat commercial gluten, our bodies are no longer used to the pesticides and other toxins used to improve crops, extend shelf life, enhance taste etc.

Our family was truly blessed by Johan's story and by making the decision to go natural, I hope you are blessed in the same way!

Much love, Hannah's mother

Lariez Kroon

NATURAL HEALING is programmed in your genes!

Familiarize yourself with what is possible once you remove all the ROOT CAUSES that cause "dis-ease".

For more natural recovery TESTIMONIES, you are welcome to visit <https://gonatural.co.za>.

