Tooth decay and your health

This is a follow-up article on the ‘Root Cause for Dental Decay’ article where we looked at the possible results and risk factors of tooth decay and eventually progresses until an emergency procedure is necessary—a root canal treatment—where the blood supply and nerve is removed to follow a correct diet and lifestyle. Modern science has shown that the whole process from occurring! The progress of such pathology is most often insidious and can cause years of suffering before any diagnosis is made. If your diet and lifestyle (Dal) is not corrected, the body will courageously try to compensate, but it will continue to deteriorate. More physical degeneration will lead to weaker and more sensitive teeth, more tooth structure will be lost with bigger fillings, you will endure more pain, and ultimately a root canal will follow, which renders the tooth lifeless. Remember, life is in the blood. A non-vital or dead tooth cannot defend itself because it cannot benefit from the protection of your immune system. A non-vital or dead tooth is made. If your Diet and Lifestyle (DaL) is compromised, blood supply. A blood supply is essential for the immune system, because it supplies oxygen and much needed nutrients to the affected area. The mouth contains many bacteria that will penetrate a dead tooth or bone where the immune system cannot effectively neutralise these bacteria and toxic substances that are leaching out. The non-vital root canal and NICO in affect become an incubator and safe haven for anaerobic bacteria that produces dangerous toxins that unessential harm and interrupt the immune system.

What causes oral pathology?

The primary cause is the nutrient poor diet, which is the root cause for tooth decay and eventually progresses until an emergency procedure is necessary—a root canal treatment. All are hazardous. “Dr Hal A. 1900. Most of our current auto-immune diseases stem from root canal toxins. … There is no such thing as a good or a poor root canal. All are hazardous.” Dr Hal A. Huggins, DDS, MS, Solving the MS Mystery: Help, Hope and Recovery. 3. A root canal treated tooth could be considered a little manufacturing plant for the low-grade and chronic production of toxins substantially more toxic than botulinum toxin. However, there could hardly exist a better and more subtle way to chronically traumatis the immune system. In reality good health can be maintained until this collapse, and the correlation between the infected root canal tooth and the heart attack, cancer, or other degenerative disease is rarely made. Thomas E. Levy, MD, JD. Optimal Nutrition for Optimal Health.

Tooth decay and lifestyle for which God created us.

A connection between dreadful diseases and oral pathology?

For the sake of brevity, we will not focus on the well documented toxicological dangers of restorative dental fillings e.g. mercury toxicity from silver amalgam fillings, but rather focus on two other dangerous aspects of oral pathology. There are many OPs that present risk factors, but we will focus on the two most important oral pathologies.

1. Root canal treated teeth

These teeth are dead (non-vital) and have had the pulp, blood, and nerve supply in the root canal removed. The pulp chamber and canals are then filled with Gutta Percha (a dental filler) in the hope that the tooth can be conserved in the mouth. Strictly speaking, you have a ‘tortell’ gangrene—a dead structure within a living organ! The dentine is porous, therefore it is impossible to keep the non-vital tooth structure sterile in the long-term.

2. Dental jaw cavitations or NICO lesions (Neuralgia-Inducing Cavitational Osteonecrosis)

These hollows or voids often occur in tooth extraction sites where the periodontal ligament was not removed. The blood clot, which is part of the normal healing process, only partially heals, leaving a necrotic void in the bone. This void is contaminated with anaerobic bacteria, and a toxic necrotic mush which permeates through the surrounding bone into the bloodstream. The common denominator in both a root canal treated tooth and a jaw cavitation is an absent or extremely compromised blood supply. A blood supply is essential for the immune system, because it supplies oxygen and much needed nutrients to the affected area. The mouth contains many bacteria that will penetrate a dead tooth or bone where the immune system cannot effectively neutralise these bacteria and toxic substances that are leaching out. The non-vital root canal and NICO in affect become an incubator and safe haven for anaerobic bacteria that produces dangerous toxins that unessential harm and interrupt the immune system.

The primary cause is a nutrient poor diet, which leads to tooth decay and eventually progresses until an emergency procedure is necessary—a root canal treatment.

Be informed

No accomplished and experienced naturalpath, toxicologist, or natural health professional will attempt to treat and help a severely ill patient with, cancer, MS, or any other dreaded condition without a thorough dental examination.

Safe extraction method

There is a very specific method to remove a tooth to prevent dental jaw cavitation. These are well explained in my book. It simply entails the scraping out of the periodontal ligament and removal of the surrounding millimetre or so of bone. Sadly there are only a few biological dentists and maxilla facial surgeons that know how to remove and prevent these OPs. Once these OPs are removed, it leaves an open and very sensitive jaw bone in the mouth. It is important that the immune system is prepared for such an operation. There are a specific diet and oral hygiene protocol to be followed two weeks prior and two weeks after the surgery. This protocol is called the pre and post oral operative protocol and is also well documented in my book. Dental decay is viewed as a nutritional injury caused by our modern faulty processed food diet and lifestyle and that can be reversed by timely correction of our basic diet and lifestyle. We can avoid much suffering and a lot of expense if we resort back to the original food chain that God created for us. If you need more advice re the lifestyle or your health and disease condition, you are welcome to email the author at johan@gonatural.co.za. Read some of our inspiring testimonies at gonic.natural.co.za/testimonies of people who recovered from dreaded ‘dis-eases’ once they removed their OPs and followed the GO NATURAL operative protocol. 

JOHN JACOBS is the founder and author of GO Natural. Visit gonic.natural.co.za to order his book.