# go natural FOR THE LOV OF TRUE FOO

Two in one seminar & workshop

## **5 HOURS**

**HOSTED BY: JOHAN & ALICIA JACOBS** 

## The 1½ hour SEMINAR INCLUDES:

#### PART 1a

- 1. Johan's testimony; how he survived PRIMARY PROGRESSIVE MS.
- 2. The introduction to the RATIONALE of GO NATURAL
- 3. The link between nutrition and physical degeneration
- 4. Exposing modern "DIS-EASE" causing DECEPTIONS
- 5. Exposing the archer-arrow principle of toxicology
- 6. The hidden difference between a "dis-ease" and a condition
- 7. Explaining the SOLUTION: GO NATURAL's 10 Step Nutritional Program
- 8. How to unlock your capable INNER DOCTOR
- 9. Valuable advice about sidestepping hidden, modern health landmines

10.Wisdom on how to take proactive care of our bodies in a modern, toxic world

## PART 1b

1. Grain Anatomy and Wisdom

- 2. Wise Grain Practices
  - Soaking
  - Sprouting
  - Fermentation
  - Natural preservation and storage
  - Fresh processing methods

#### PART 2

#### FOODS to be Demonstrated and Prepared

- 1. Pizza from living grain
- 2. Real Tomato Sauce
- 3. Kefir Fermented dairy
- 4. Raw Chocolate Go Natural's 3-in-1 Anti-Aging Snack

#### INCLUDED

Carrot Juice and testers of all the prepared food. Cooking with LIVING ingredients delivers the REAL deal namely FRESH NUTRIENTS IN ABUNDANCE.

Price: R500pp, 2 or more tickets R450pp (Bring a friend!)

Booking: On gonatural.co.za (essential with QUICKET), at our shop or Phone:

#### 021 852 2744



- TIME: 08:30 for 08:45 -13:45
- **RSVP**: 21 April, 2020 10:00
- VENUE: 10 Swallow Crescent, Vredenberg Estate, Bakkerskloof St., Somerset West

**Book now with QUICKET** on EVENTS @ www.gonatural.co.za

BOOK 🗸

