



WHY CHRISTIANS DON'T NEED TO GET SICK

God wants you to be healthy and live a life of significance!



—by Johan Jacobs

The aim of this article is to make us aware of our Biblical responsibility regarding our earthly body, the temple of God. This is explained through a sequence of fundamental Biblical principles that the Lord has given us. These will empower us to make wise and healthy decisions while we live in our earthly vessels.

Understanding God's character

The Lord is full of mercy, grace, compassion, kindness and eternal love. In the beginning, the God of the Universe created all things perfectly and in order. This refers to the Heavens, the

earth and 'all that in there is', including human beings. I am in awe with how Yahweh God designed our bodies to be:

1. Self-growing
2. Self-maintaining
3. Self-healing
4. Self-protecting

All these actions take place skin-deep without us noticing on a daily basis. But as discussed in previous articles and in detail in my book, those mentioned characteristics of our bodies can only function to their full capacity if the body is nourished optimally. We were designed to be fed nutrient-rich natural, real foods. Those

foods do not come in boxes, fast food outlets, and packaging.

It is clear that our Creator wanted us to be happy, to be in perfect health, but also to live a life of significance, authority and impact.

God's Word – His guidance

The Bible is a Book of perfect moral code, conduct and integrity. It is a unique Book indeed, and is to be taken seriously by those seeking to know the Truth regarding all aspects of life – including health.

"All Scripture is given by inspiration of God, and is profitable for doctrine, for reproof, for correction, for instruction in righteousness: That the man of God may be perfect, thoroughly furnished unto all good works" 2 Tim 3:16-17.

God's plan – our purpose

According to Scripture, God has a very special plan and purpose for each one of us. The Lord

The Bible is a Book of perfect moral code, conduct and integrity. It is to be taken seriously by those seeking to know the Truth regarding all aspects of life – including health.



"My people are destroyed for lack of knowledge: because thou hast rejected knowledge, I will also reject thee." Hosea 4:6



Johan Jacobs, Founder and author of GO Natural

gave us a free will, and we must use that free will to choose life and truth. *"Who hath saved us, and called us with a holy calling, not according to our works, but according to His own purpose and grace, which was given us in Christ Jesus before the world began" 2 Tim 1:9.*

"And we know that all things work together for good to them that love God, to them who are the called according to His purpose" Rom 8:28.

It is important to know your purpose and calling in life.

Our responsibility

You were perfectly woven together in your mother's womb as seen in Psalm 139:13-18. God does not make mistakes. Everybody who is born has been fearfully and wonderfully made. Yet even with an infirmity and/or disability, you can be wonderfully used to glorify Christ.

The Lord not only commands us to worship Him with our spirit and soul, but He also wants us to keep our bodies holy, clean and healthy. It is almost impossible to be an effective vessel for the Creator, to make a difference and fulfil your earthly purpose if your body is diseased, if it is poisoned and sick because of your own irresponsible or ignorant doing.

It is certainly not God's will or desire for us to knowingly and unwisely pollute or abuse our bodies through an unhealthy lifestyle, causing unnecessary damage to His temple. This would leave the body weak, sick, ineffective and incapable of running this earthly race, and pressing on towards the high prize and imperishable crown!

A lack of wisdom and knowledge

Why is there so much disease, sickness and death in the world? The answer would certainly include a lack of wisdom and knowledge, but there is another dimension - a loss of discernment. Due to the gradual 'design and

implementation' of the modern quick-fix lifestyle, we have become increasingly exposed to detrimental and destructive changes in our diet over the past century.

Throughout history there has always been sickness, disease and premature death. The distinguishing factor today is that of multiple, self-inflicted conditions, whether due to ignorance, stubborn persistence or a lack of wisdom in doing things known to be detrimental, or even lethal.

Furthermore, as I've indicated, there is engineered and systematic genetic manipulation,

It is certainly not God's will or desire for us to knowingly and unwisely pollute or abuse our bodies through an unhealthy lifestyle, causing unnecessary damage to His temple.

pollution and poisoning of our food sources. This together with an increasingly lazy, inactive, electronic and entertainment-dependant way of living provides a collective breeding ground for poor health. I believe the majority of modern illnesses, as shown in my book, are the result of irresponsible, unwise, toxically-laden living. I believe the cause of most illness today is primarily self-inflicted by violating God's unwritten natural laws. It is as a result of not living according to God's principles for healthy living.

Adjust your lifestyle and be healed

It is often not even necessary to pray for healing. We can simply use our sound mind, along with the natural resources that God has given us, and adjust our lifestyles accordingly. Many conditions are self-inflicted. They are the result of our lack of wisdom, as well as our own, our parents and our peers' ignorance.

Having said this, many people, including myself, have received answers to prayer for

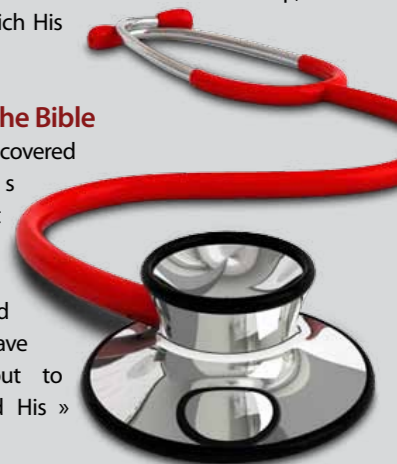
healing. My healing was not instantaneous, God allowed me to become desperate for information and wisdom. He prepared me to receive this GO NATURAL message. If I was instantly healed, I doubt that I would ever have discovered this life-changing counsel and advice regarding healthy living. Praise God for His faithfulness! The Lord does use natural means, in a supernatural way, to answer our prayers.

My concern remains for those who are ill due to self-inflicted causes, which I believe constitutes the majority, who pray for healing and God's intervention, but ignore and deny

any natural means of rectifying the problem. It's time we seek God's will and wisdom in every area of our lives, including the ways to care for our body. It's certainly not God's will for us to be sick and weak due to our own doing, or due to someone whose intention is to harm and destroy us. Indeed not. We are to take special care of our bodies. Those who belong to Christ are considered His workmanship, temples in which His Spirit dwells.

Wisdom in the Bible

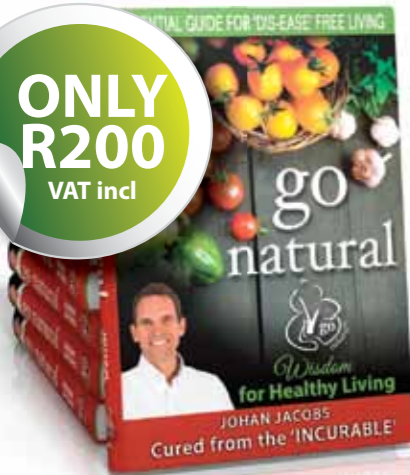
With all the uncovered dangerous elements (Part 2 in my book GO NATURAL) we are exposed to today, we have no choice but to seek God and His »



GO NATURAL

WISDOM FOR HEALTHY LIVING

ONLY
R200
VAT incl



The most complete & comprehensive health book that you will ever read. This book will guide you to 'dis-ease' free living.

INCLUDES 72 RECIPES!

THE BOOK'S PURPOSE

The body is magnificently created. The non-negotiable conditions for it to function effectively are proper nutrition and the elimination of all toxins. In his book, Johan shares his healing journey; a remarkable "long walk to health freedom". This journey has empowered him to share ways to side-step modern health landmines, enabling people to live completely 'dis-ease' free.

NEW

JOHAN'S DISCOVERY LED HIM TO REALISE:

- That a healthy diet and lifestyle is essential for the body to function naturally, 'dis-ease' free and optimally
- Only when a healthy diet and lifestyle is followed, will the body have the capacity to self-heal, self-maintain and self-protect
- Go Natural exposes the hidden dangers lurking in our mouths, food and environment, which could potentially be the root cause of our state of 'dis-ease'
- In Go Natural, Johan also explains why the 'hunter-gatherer' lifestyle provides superior nutrition for optimal health
- Go Natural will help you understand the difference between a 'dis-ease' and condition - and show how to take control of your health
- Go Natural will explain the reasons for (and the solutions to) physical degeneration, accelerated aging and unnecessary weight gain.

Available online at
www.gonatural.co.za



WHY CHRISTIANS DON'T NEED TO GET SICK

God wants you to be healthy and live a life of significance!



Word. We need to earnestly ask for and seek wisdom, discernment, and guidance. We must investigate all matters pertaining to life and health.

"My people are destroyed for lack of knowledge: because thou hast rejected knowledge, I will also reject thee" Hosea 4:6. It is necessary to read the entire passage in Hosea to truly grasp the importance of and the consequences of a lack of knowledge.

"The fear of the Lord is the beginning of knowledge: but fools despise wisdom and instruction" Prov 1:7.

"Happy is the man who finds wisdom, and the man who gains understanding" Prov 3:13.

speaks from his own resources, for he is a liar and the father of it" John 8:44.

"For the love of money is the root of all evil" 1 Tim 6:10. The verse is relevant in this modern and materialistic world. Many businesses today, including the farming, pharmaceutical, medical and food industries, participate in unethical business dealings, they knowingly exploit the masses; resulting in the sacrificing and destroying of bodies as well as lives.

We have a free will - use it wisely

Here is the catch! God made us with a free will. We are always able to choose, and the Creator God never forces His will on anyone. *"Do not be*

Let us apply the wisdom of the Word, to live as God intended.
Let us never suffer from disease due to our own foolish ignorance or unwise living; but for righteousness sake only.

What you sow, you will reap

The 'sow and reap' principle is a fundamental rule of life: You will reap what you sow. If it is laziness and irresponsibility in caring for our bodies that is sown; then compromised health and disease is what will be reaped. The foolish man-made aches and pains of this world are unnecessary, and contrary to God's will. *"He who sows sparingly will also reap sparingly, and he who sows bountifully will also reap bountifully"* 2 Cor 9:6.

The father of lies and destruction

Who causes all these bad things to happen? Our God is clear in His Word that there is an enemy at work, always seeking to cause destruction. It is paramount to our survival and wellbeing on planet Earth to act wisely. The Bible provides us with divine guidance in this regard. *"Be sober, be vigilant; because your adversary the devil walks about like a roaring lion, seeking whom he may devour"* 1 Peter 5:8.

"He (satan) was a murderer from the beginning, and does not stand in the truth, because there is no truth in him. When he speaks a lie, he

conformed to this world, but be transformed by the renewing of your mind, that you may prove what is that good and acceptable and perfect will of God" Rom 12:2.

The Lord is gentle, kind and compassionate. He will not force you to do His will or love Him. He will guide you in wisdom and teach you discernment, so that you may choose the best options.

My prayer is that you will run this earthly race with steadfast endurance. That you will be filled with righteousness, peace and joy, and by God's mercy, enjoy good health, especially if it is within your human ability and means to do so! God has given His children a spirit of love, power and a sound mind (2 Tim 1:7).

Let's use our sound mind together with the wisdom of the Word, to live as God intended. Let us never suffer due to our own foolish ignorance or unwise living; but for righteousness sake only. ■

JOHAN'S recovery journey from primary progressive multiple sclerosis taught him that sickness and 'dis-ease' are no accident. Order his book by going to: www.gonatural.co.za