

My recovery from Multiple Sclerosis (MS)

—by René Lowings

In 2015, my reasonably “normal” life came to a sudden halt when I found myself unable to move as usual. I was 23, married, and a mom to a busy baby boy. That morning my right foot did not want to step on the brake properly when I was driving. My foot refused to remain still when I moved it from the petrol- to the brake pedal. I knew that something was seriously wrong.

A MRI scan showed massive lesions in my brain, and the lumbar puncture confirmed that antibodies were present. The antibodies were attacking the myelin sheaths covering the nerves in my brain. I was diagnosed with Multiple Sclerosis (MS). I would be in a wheelchair within eight to ten years.

The war is raging

The war was me against me. The cause, unknown, and the solutions were experimental and debilitating – and really expensive. We felt drained and confused. How could the Creator not have the answer? This question was the beginning of the incredible revelations and freedom to come.

Physical and spiritual toxins

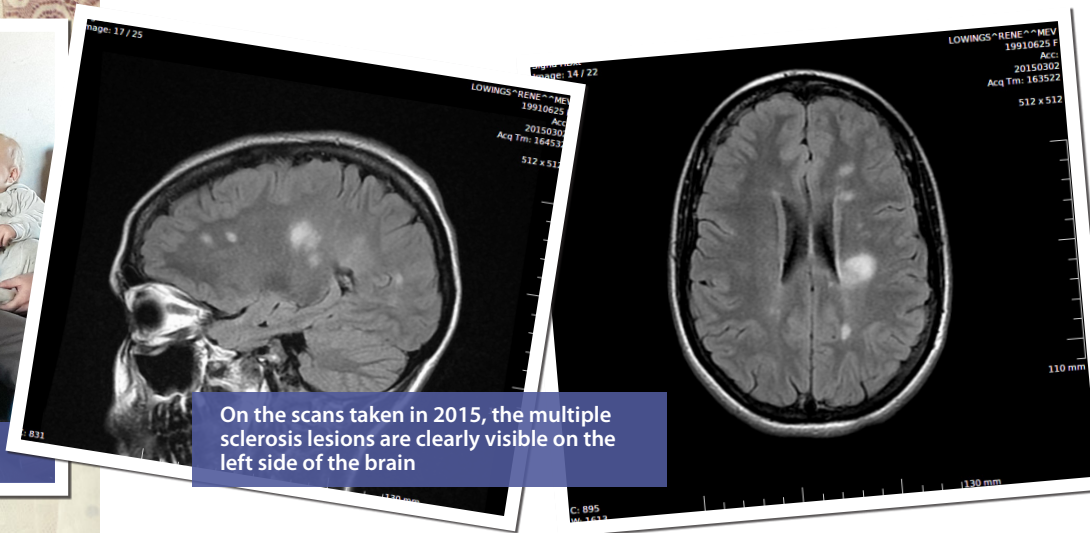
We decided to explore alternative solutions. We firmly believed that my body *could* heal and that what I was experiencing was not God’s fault, nor His will or design. But what *was* His plan? I believed He would reveal it, so I committed myself to seeking His will and design. Many prayers and hours of reading ensued. I realised that we were creating problems with the toxins we allow in our lives – physically and spiritually. I repented of my part in this, coming clean in my innermost heart and mind. The Holy Spirit showed me how to simply heal from toxic memories and I removed all physical toxins from our home.

XX JOY! MAGAZINE



FROM LEFT TO RIGHT: Thomas (3), René, Lian (7), Johann, and Cohan (1)

Image by Carmen Tehillah
www.zadoak.com



On the scans taken in 2015, the multiple sclerosis lesions are clearly visible on the left side of the brain

Not yet the root of the problem

I read many books, including *Go Natural Wisdom for Healthy Living*, by Johan Jacobs. This book was the confirmation that “life in abundance” is possible. I ate everything as pure and raw as possible (seeds, nuts, fruits, and veggies) and juiced for days straight. Within five months I had mostly recovered my normal functioning. I hoped that it was over, but I was wrong, as I had not yet found the root cause.

A few times each year, I experienced a relapse. Sometimes I experienced what they call the MS hug: a tightness and pain around my lower ribcage. I realised, through research, that my root canal that I had received as a child needed to be removed. I always had a dull pain in the area surrounding the affected tooth.

An unknown enemy

I discussed the procedures as explained in *Go Natural* with our conventional dentist, and was assured that their procedure would

have the same result. The removal was quick and I was relieved. I was confident that I was now clean and free of the infection, but after six weeks I suddenly got sick and depressed. I would fall into bed at night as if I could sleep a week, only to wake up two hours later. I was impatient and had no motivation. My body was caught up in a war against an unknown enemy. My spirit was in the deepest waters, each night grappling the waves of depression for a lifebuoy of hope. God was so near to me and each time I saw no way out, He would send me a lantern.

Dangerous infection

Through one of Go Natural’s newsletters, we watched the documentary, *The Root Cause Movie* that exposes dental pathology

The anaerobic bacteria secrete highly dangerous neurotoxic waste products that are also found in cadavers.

(root canals and dental jaw cavitations). I realised that the extracted root canal tooth was green. That confirmed the infection I had suspected. Now I could get rid of the *real* problem. I had thought the infection was gone, but the anaerobic bacteria in the extraction cavity thrived without my body being able to do much about it, because the blood supply and circulation never fully recovered at the extraction site once the infected root canal treated tooth was pulled. Without the blood supply, the immune system is absent and cannot reach to the problem of impregnated anaerobic bacteria in the surrounding bone and periodontal ligament. The table was set for a far more dangerous infection.

Healed at last!

We made an appointment with a biological dentist. According to the dentist, the infection in the cavitation was causing the damage to my myelin sheaths. The anaerobic bacteria excrete highly nerve-toxic waste products that are also found in cadavers. As the dentist was drilling away at the bone surrounding the area where the root canal treated tooth had been, he exclaimed, “Look at all that black!” The “black” was the necrotic tissue that had formed in my jaw, and was poisoning me, making me ill. After that infection was cleared out, and the jaw cavitation procedure completed correctly, my body healed at last. I was healed of an “incurable” disease ... and I still am.

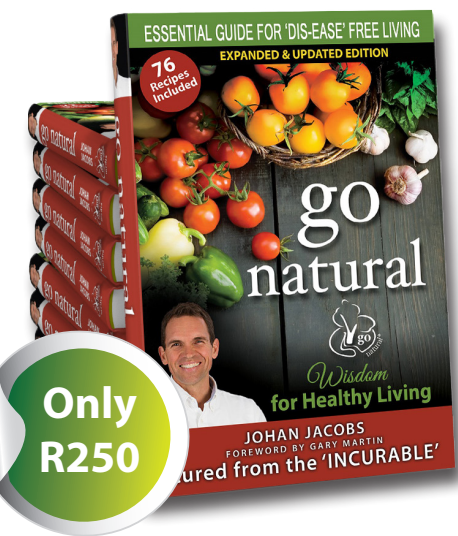
Stewards of our temples

I praise God for the freedom we have today. Yes, we are not perfect in body. This earthly dwelling is merely a tent, and this tent of mine bears the evidence of many storms. But we will keep seeking His heart, striving to be the best stewards of the temples He has blessed us with. ■

RENÉ ROWLINGS’ full testimony can be found under “testimonies” online at gonatural.co.za



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