



Recovery from RHEUMATOID ARTHRITIS

—by Christelle Rademeyer

I was diagnosed with rheumatoid arthritis at the age of 37. After having a few appointments with the rheumatologist, discussing a treatment plan and all the side effects of the drugs, I decided to take some time to consider all my options and to pray about the next step.

Overwhelmed with information

I strongly felt that I needed to research other options with more of a holistic approach, rather than taking tablets to merely treat some of the symptoms. It has always been important for me to get to the root of a problem. At that stage, I did not know much and felt quite overwhelmed by all the information that was available.



Receiving intravenous vitamin C after my procedure at the biological dentist

'Lord, is there another way?'

As time went by, my health deteriorated rapidly. With three children to look after, it became quite a challenge. I remember crying out to God one year after I was diagnosed, asking Him for a way out other than having to take chronic

medication – which I strongly considered at that stage.

New insight and hope

A month later I had the opportunity to visit our family in Strand, Cape Town. On arrival my sister-in-law was shocked when she saw me. She told me about Johan Jacobs and his incredible testimony of recovering from multiple sclerosis (an 'incurable' disease). She highly recommended that I make an appointment with him while I was in the area. I managed to meet Johan that week. It was very informative. I felt so relieved when I left his office as a lot of what he said resonated with me. Reading his book, *Go Natural*, was an absolute revelation about dental health and the dangers of oral pathology, and how this can affect many other functions in the body.

Miraculous confirmation

On arrival back home in the United Kingdom, my husband and I prayed for wisdom. I asked the Lord if it was His Will for me to go down this path, and if so, to provide someone who would recommend a biological dentist in the UK and that they too would have positive testimony. A month later, I met exactly such a person. Once again, the Lord was faithful. He confirmed that I should take this path.

The root of the problem exposed

In June that year I had my consultation with the biological dentist in Bedfordshire. They did a mercury vapour test and, during the cavitation scan (a sonar scan of the jaw), they detected five problem areas (Four wisdom teeth extractions from ten years ago and one tooth



FAR LEFT: Swollen knees before treatment
LEF: The supplements that Christelle took after the treatment



The medical team, Dr Greame Munro-Hall and his wife, with Pieter and Christelle



December last year; busy with preparations to go scuba diving

extraction from the previous year). The toxic root of my problems was exposed! It was anaerobic bacteria that attacked my immune system chronically – confirming Johan's original diagnosis. It was a great relief even just knowing that.

The illness had taken its toll

At that stage I was very ill. Most of my joints were swollen to the point that I could not even lift my arms, walk up the stairs, or get up from a sitting position without support to take the pressure off my joints. It was like walking on glass. I had to buy special memory foam shoes, as I could not walk barefoot. I also suffered from severe fatigue. Because of the inflammation, my oxygen levels in my blood were very

low, causing me to sleep 18 hours a day without improving my energy levels at all.

Positive results

The treatment date was scheduled for mid-August. In the meantime I followed the detox plan and took additional supplements beforehand, as recommended by the biological dentist. During the treatment/surgery and up to two days afterwards they gave me intravenous vitamin C to boost my immune system.

The morning after my treatment, I woke up, got out of bed, and walked to the bathroom barefoot! Oh, the joy! Even just a few hours after my surgery my body started to respond positively.

The Lord is faithful

I have only gone from strength to strength. I now have healthy eating habits, drink lots of water, and I exercise. I run 3 kilometres a few times each week. I am getting stronger and healthier each day. We are blessed to be back in South Africa for a season and I thank the Lord for His guidance during this journey. He is faithful. A big thank you to Johan at Go Natural for his guidance and compassion too. I am blessed to be a blessing! ■



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