



Wisdom for Healthy Living

JARON DU PREEZ – HEALTH TESTIMONY

It's rather difficult to write a testimony – where to begin? At times there are “gaps” in my memory and time lines are blurred. In 2010 I was diagnosed with third degree testicular metastatic cancer. I am a student and researcher by nature and experienced a lack of answers in the medical field as to the origins of my disease. I marvel at our Western doctors and the technology used to treat a certain type of patient i.e. heart surgery, broken bones or plastic surgery. I have great respect for these achievements and hold them in high-regard. Chronic disease, however, is a different “ball game” and western doctors seem inept or badly equipped to deal with an ever increasing wave of newly diagnosed chronic diseases ranging from auto-immune disorders, heart problems or cancer. You can ask the majority of specialists or oncologists and they are generally “stumped” as to where certain diseases or cancers come from. I don't think it's their fault per se, since their training, is indirectly sponsored by Big Pharma. Big Pharma's medicine is rarely focused on curing a disease but rather managing the disease. Take your pick: Asthma inhalers, cortisone, anti-inflammatories or pain medication. The list is long. Doctors are indirectly trained to manage chronic disease (never cure it) and to prescribe a host of scheduled medicine(s).

In my case conventional chemotherapy was the best treatment protocol and I am grateful for the oncologist who treated me. I have, however, great sympathy for the many suffering cancer patients on chemotherapy or radiation! The side effects are severe and the pain and vomiting during chemotherapy is a horrific experience – if you live to talk about it! Afterwards I developed many hormonal imbalances and was eventually diagnosed with Graves Disease (my thyroid had to be removed). The problem with conventional chemotherapy, as I see it, is that there is no “program” to rebuild the body afterwards after receiving so much toxins.

A few months after chemotherapy I was in Potchefstroom living with some friends. One of the side effects of chemotherapy is that it suppresses the immune system. This results in many underlying diseases or symptoms, that the patient might have, to worsen. I had asthma before cancer but after chemotherapy the asthma became unbearable. I could hardly breathe some nights. During this time I prayed a lot and one night God started speaking to me about teeth and that my teeth were the cause of some of my health problems. I bought a few books from Amazon namely: The Root canal cover-up by Dr. Meinig as well as It's all in your head by Dr. Hal Huggins. You can buy these books from Go Natural. After reading these books I was convinced that root canal treated teeth (I had two) and mercury fillings (I had five) could be the cause of much of my health troubles. I had the two root canal treated



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teeth extracted and my asthma improved dramatically within three days! Root canals harbor highly toxic anaerobic bacteria that in many cases become anti-biotic resistant. After safe removal of the root canal treated teeth I experienced a brief worsening of symptoms which quickly dissipated as the body rid itself of the toxic anaerobic bacteria. Three days after removal I felt like a new person! For the first time since high school, I was able to jog three kilometers!

I also had the five mercury fillings removed by a bio-dentist. PLEASE DO NOT have mercury fillings removed by just any dentist! You need to follow a protocol of safe removal (Huggins Protocol). Many doctors or dentists don't know this (or care to understand it!) but root canals are found in MANY terminal cancer patients (a German clinic that treats cancer patients made this discovery). Mercury is the most toxic non radio-active heavy metal known to man! It is banned in many commercially used products and renowned government agencies will warn you about the mercury found in fish (like tuna fish). Yet, the American Dental Association, has managed to legally place mercury fillings (roughly 50% mercury in every filling) in people's mouths for decades! Naturally you will find a patent on these fillings (if you do some research). The problem with mercury is that it can present as a multitude of different symptoms or diseases. It DOES NOT only cause ONE physiological problem! It is also difficult to test for or diagnose! For example a urine sample might test high for mercury levels. Ironically these patients exposed to mercury are healthier than mercury exposed individuals who show no mercury on their urine test.

Sometimes mercury destroys the body's ability to excrete this toxin! The toxin therefore keeps on building up and it cannot be found in the urine sample. I later met Johan Jacobs and we immediately shared a bond of wanting to understand the root causes of disease and how to naturally treat these "dis-eases". Johan authored a book GO NATURAL - Wisdom for Healthy Living and is one of the few books that has a summarized overview of the dangers and facts regarding dental pathology. It also contains the method(s), which need to be followed, on how to correctly remove root canals/dental jaw cavitation(s) (NICO's) with a pre- and post- operative protocol to ensure that the operation site does not get re-infected with anaerobic bacteria. This re-infection of anaerobic bacteria can cause another NICO. This book is South African home-brewed and is a practical one-stop-information-resource on where to begin if you want to understand the modern causes of "dis-ease" and start living healthy. He also introduced me to Nutrition and Physical Degeneration written by Dr. Weston Price. The root canal cover up was written by Dr. Meinig but he was writing about the life and findings of Dr. Weston Price. I was unaware of the other books written by Dr. Weston Price and was immediately fascinated by his knowledge of



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nutrition and healthy foods. I view Johan as an expert in the field of nutrition and training people how to prepare their own food!