



## January 2018 Newsletter

Dear Go Natural Friend

If you feel sluggish after the summer holiday celebrations, we made sure that our newsletter empowers you with healthy remedies and solutions to get you going for 2018! We also continue where we left off last year with more about the healthy use of our digital devices, always keeping our content informative, encouraging and relevant.

Start this year by investing in your health! Book your seat in time for our exciting February seminar and workshop.

REMEMBER the Go Natural's philosophy: **YOUR FOOD is YOUR FUTURE** since everything you put in your mouth eventually becomes a part of you. **GO NATURAL'S** antidote is captured in the phrase: **FOR THE LOVE OF REAL FOOD.**

We wish you a healthy and prosperous 2018!

Enjoy the healthy advice in this month's newsletter brought to you with our best wishes.

### Go Natural's TESTIMONY for This Month

We are thrilled to share with you the amazing recovery of Jaron Du Preez who suffered from asthma. His recovery occurred after he had his oral pathology removed correctly. Dental pathology remains a key contributor to ill health and 'DIS-EASE'. One can learn a lot from his challenging experience. We are thankful that Jaron shared his encouraging life story with us.

[Read More](#)

### Go Natural's Advice for This Month

#### Trading hours

Mondays-Fridays: 09h00 - 17h30

Saturdays: 09h00 - 13h00

All Public Holidays: CLOSED

## 1. Gout Remedy

During the festive season most of us consumed rich food and ate too much. If you developed GOUT as a result, the **GO NATURAL'S GOUT Remedy** article is your guide for quick relief.

## 2. USE MODERN TECHNOLOGY WITH WISDOM

### The wireless industry is the new “Big Tobacco”

[https://player.vimeo.com/video/221492864?api=1&player\\_id=player\\_1&wmode=opaque](https://player.vimeo.com/video/221492864?api=1&player_id=player_1&wmode=opaque)

Are cellphones driving modern humans to the brink of insanity? New science reveals young brains DERANGED by cellphone radiation exposure.

### Digital Cocaine - Book Trailer

<https://www.youtube.com/watch?v=3cboMoyMNn0>

### Brad Huddleston - Digital Cocaine part 1

<https://www.youtube.com/watch?v=xFXP4BtfKU4>

### Brad Huddleston - Digital Cocaine part 2

<https://www.youtube.com/watch?v=1347WttP8Y8>

## 3. NEW DISCOVERY – What is the new risk factor in VACCINES?

<https://forbiddenknowledgetv.net/holistic-doctors-being-killed-gcmf-and-nagalase-vaccines-and-autism/>

## 4. Iodine – Your health and thyroid problems

The Ultimate Healing Trace Minerals for Cysts, Thyroid, PCOD and more

<https://www.youtube.com/watch?v=LpNgXUzwqPs>

### What's Really Behind a Sluggish Thyroid Problem

<https://www.youtube.com/watch?v=pm49uFWTYBI>

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"Lugols Iodine was created in 1829 by Dr. Jean Lugol, a French physician. He mixed 5% iodine and 10% potassium iodine in distilled water.

Through this combination of elements, Dr. Lugol was able to achieve remarkable success.

The formula for use then and now, is two drops per day. This dosage of 12.5 mg. of 5% iodine closely matches your daily requirement for iodine when you are not eating enough foods [high in iodine.](#)"

<http://www.iodine-resource.com/lugols-iodine.html>

**January 2018 SPECIAL**

**TAKE CONTROL OF YOUR HEALTH**  
*Empower your inner doctor with fresh nutrients to heal.*  
**NEW YEAR SPECIAL - LESS R1000**  
**THE ANGEL 5500 JUICER**  
*The ANGEL gives unparalleled JUICE YIELD and QUALITY. CLINICALLY TESTED to contain up to 300% more nutrients than other juicer technologies.*

**GO NATURAL**  
*Importers of the world's best juicer*  




## Less R1000 on our ANGEL juicer

Why would anyone invest in an ANGEL SUPER JUICER?

1. The ANGEL gives unparalleled JUICE YIELD (MORE THAN DOUBLE).
2. You get QUALITY juice! It has been CLINICALLY TESTED and proven to contain up to 300% more nutrients than other juicer technologies.

### Juicer Features

<http://www.angel-juicer.com/en/characteristics-juicer-feature.htm>

 [Angel History.pdf](#)

 [Seed Juice Leaflet.pdf](#)

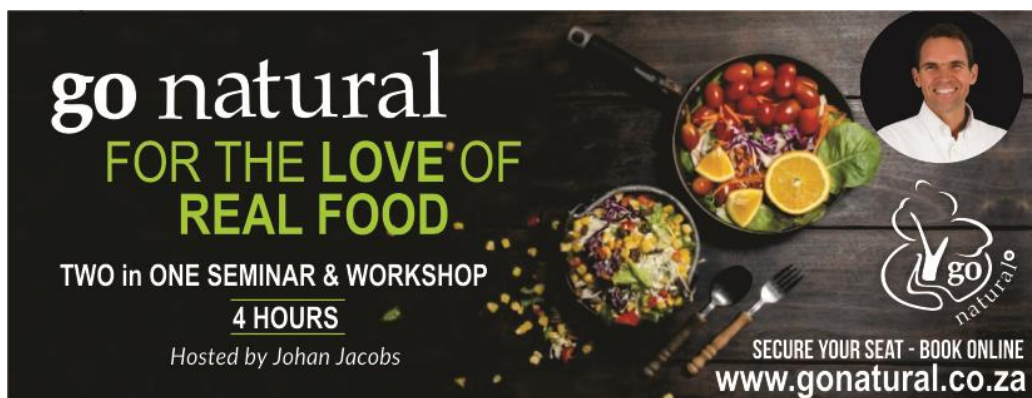
### For the Love of Real Food 2- in-1 Seminar & Workshop

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**Wednesday, 7 February 2018**

We invite you to our next life-saving, life-changing workshop, which includes an informative 1 hour seminar session as well.

### **25% Companion Discount Special**

If you bring your spouse, friend or a partner, you will receive a R100 discount per companion.

### **Foods to be Demonstrated and Prepared**

1. Pasta
2. Pesto
3. Ginger Lemonade
4. Raw Chocolate - Go Natural's 3 In One Anti-Aging Snack

**Included:** Carrot Juice and testers of all the prepared food.

**Cooking with LIVING ingredients delivers the REAL deal namely FRESH NUTRIENTS IN ABUNDANCE.**

To secure your seat, please [book here](#) no later than **10h00 on Tuesday, 6 Feb**, allowing us enough time to prepare for the correct number of people. Limited seats are available.

[Previous attendee feedback](#)

## **Events**

### **Three Presentations: The BENEFITS of Cannabis Sativa**

#### **Locations:**

- **Somerset West**
- **Paarl**
- **Goodwood**

See the [linked invitations](#)

#### **Topics covered:**

1. Your **Endocannabinoid System (ECS)**
2. Medical Marijuana & Hemp legality
3. How to revive the body's own doctor

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#### 4. Avoiding the dangers of cannabis in SA

Presented by Tiaan Swart, founder of Canamere.

Information & Booking: [christiaanempowers@gmail.com](mailto:christiaanempowers@gmail.com)

Please contact or visit us to discuss this revolutionary health product and its plethora of health benefits. Alternatively, if you want to order visit the Go Natural affiliated website @ [www.canamere.com/gonatural](http://www.canamere.com/gonatural).

#### Articles Filled With More Advice

We offer much advice in our monthly informative articles in the Joy!/Juig! magazines. Read Johan's article and studies on ADHD & ADD in the JUIG Magazine. The article is entitled, **ADHD & ADD – GESONDE KINDERS word PASIËNTE**. Available in stores now.

Next month (February) the English article will feature in the JOY Magazine.



#### New Edition of the Go Natural Book

**Book endorsements with reader feedback.**

**Our expanded** and **revised** edition will make for the perfect birthday present!

We've sold 5000 books since it was published at the end of 2014. Almost daily we've seen and heard numerous life changing testimonies of healing and recovery after people adopted and implemented the natural principles and truths in the book. It is testimony to the fact that the body is designed to win and heal. However, we must always first do our part to empower the body to do what it does naturally which is to self-maintain, self-heal and self-protect. Real and balanced food is not negotiable if you want to empower your body to live a quality life of vitality, free of 'dis-ease'.

#### **Benefits of the improved and revised version:**

1. More research, help and information on cancer and other dreaded 'dis-ease' conditions with almost 60 extra pages filled with new information – the new book has 520 pages.

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2. It contains 4 extra scrumptious recipes.
3. Improved easy navigation layout.
4. FOREWORD, the book is endorsed by world renowned naturopath Gary Martin in Australia.
5. The new book has an index.
6. Improved quality
  - a. Better bind, with thread sewn sections.
  - b. A more appealing, durable, gloss laminated and thicker cover.

### Special!

- ✓ Only **R250 (VAT included)**.
- ✓ [Bulk order](#) of 6 books or more qualifies you for a healthy **40% discount**.

For too long this **life-saving information** has been withheld from the public. The truths contained in the book will set you free from “dis-ease” and empower you to **take control** of your health.

To order, please [click here](#).

### Meat to Order

Remember, we supply pasture-reared meat from the Coup district in the Karoo. However, we recently sourced two new suppliers of meat. See the three linked price lists.

We also stock freshly frozen vacuum-packed animal protein products, i.e.; beef, lamb and chicken. For more information and orders please [click here](#).

You are always welcome to contact us for more information or advice regarding healthy living. We are privileged to have helped many people accomplish their goals to live a healthy life. I want to spur you on to never give up, ALWAYS push forward and remember your body is designed to win and heal. Always give your body what it was originally designed for: real food and a clean environment. Remember, “SUCCESS IS NOT AN EVENT, IT IS A HABIT”.

Blessed regards

Johan and the GO NATURAL Team

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