



April 2020

Welcome to our monthly newsletter filled with truth, advice, testimonies, hope, and empowering lifesaving and -changing events.

We sincerely PRAY and hope you are well amidst this outbreak and the extended lockdown period.

In [last month's newsletter](#), we discussed what to do if you become infected with the virus. Go Natural is OPEN and certified as one of the ESSENTIAL BUSINESSES/SERVICES during South Africa's lockdown. You can also order from our online shop; our couriers are open and we are thankful that they are delivering all our ordered parcels.

## GO NATURAL's Advice

### 1. The safety and efficacy of VACCINES

In light of a possible global coronavirus vaccination roll-out, I thought it good to advise you regarding this crucial matter.

Is Vaccine Science Really settled? Look at what this doctor has to say.

Watch Video

I invite you to watch this new documentary series:

### The TRUTH about VACCINES

The first episode has aired; definitely, a must-see.

As an introduction what to expect with this series.

Robert F. Kennedy Jr. | Exclusive Preview of "The Truth about Vaccines" 2020

## Dr Andrew Wakefield | Exclusive Preview of “The Truth about Vaccines” 2020

It proves to be an eyeopener for many people similar to that of their popular and highly beneficial series - “The TRUTH about CANCER”.

### The Truth About Vaccines Docu-series

### The Profitability of Vaccines



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Some interesting trends in vaccines:

“**Did you know...** in 1960, there were 5 doses of 3 vaccines given to children...

By 1983, it was up to 24 doses...

And now, in 2020, the CDC schedule recommends up to 72 doses of 16 vaccines given to children here in the USA from birth to 18 years!

In fact, the USA now gives **3X** more childhood vaccines than most developed countries, yet we also have some of the highest rates of childhood diseases **NOT** seen in other countries.

And the CDC has **over 200** more vaccines in the pipeline!

Have you ever wondered **WHY** certain policies about vaccines are adopted?

- Is it bureaucracy?
- Is it to protect children?
- Or is it to protect Big Pharma’s profits?”

**Here find the first series of -**

The Truth About Vaccines Docu-series - Episode 1 | Robert F. Kennedy Jr Interview | Smallpox Vaccine



In case you haven’t registered, go [here](#) to reserve your free seat and become more informed and empowered.

## 2. FOOD is your FUTURE

Remember we are what we eat!

Good and true foods build long lasting natural immunity.

Literally, your food is your future, it becomes part of you. Food is not only for energy; every day you replace millions of cells with new ones, as cells only have a certain shelf life. Make sure you are geared for a good future where you replace the old cells (tissue, approx. 20 million cells get replaced daily) with equal or better building material, by ingesting whole, clean and true nutrients.

Our book [GO NATURAL Wisdom for Healthy Living](#) explains it in detail and presents the proven GO NATURAL hunter-gatherer diet and lifestyle that empower people to live “DIS-EASE” free.

Remember, if you want VITALITY:

1. Always eliminate all ROOT CAUSES of “DIS-EASE”

If you have not seen the empowering movie “ROOT CAUSE”, send us a clean USB stick and we will upload the full movie for you.

Linked find the “ROOT CAUSE” movie trailer at <https://rootcausemovie.com/>

2. FIRST, DO NO HARM and
3. PREVENTION is better than cure.

You can prevent a lot of pain and agony; our book *GO NATURAL Wisdom for Healthy Living* will help you to live “DIS-EASE” free.

These natural and common-sense principles offer you freedom from the shackles of “dis-ease” and symptomatic treatment with medicine, whilst the **root causes** remain unaddressed.

Spoil and motivate yourself and discover all our testimonies

<https://gonatural.co.za/content/34-testimonies>

3. Your immune system is part of your “INNER DOCTOR’S” control system. Your immune system operates better if your ENDOCANNABINOID SYSTEM (ECS) is optimally nourished. Read these articles to better understand your ECS:

Endocannabinoid System

Marijuana & Hemp

I can strongly suggest a whole full-spectrum Hemp, CBD oil supplement.

The one that I have seen to work over-and-over again is the Meduca oil from Canamere. There are many more benefits from taking this supplement as it helps your inner doctor at night to maintain, heal, restore and prepare your body for the next day.

## Meduca

*Introducing you to the IMPROVED and stronger full-spectrum, whole hemp leaf extract oil.*

Meduca is a 30ml product with 450mg of CBD/CBDa combined with other naturally occurring cannabinoids such as CBC, CBCa, CBGa, CBG and CBN.

The full-spectrum approach gives us a wealth of terpenes and other valuable synergistic plant nutrients that you won't find in most CBD products, on the market. Most CBD is isolated-CBD (or CBD-isolate as it's known) and is inferior.

Click here [www.canamere.com/gonatural](http://www.canamere.com/gonatural) and order it online.

You are welcome to contact us should you be interested in becoming an affiliate Canamere marketer.

Meduca Brochure

## GO NATURAL recommended events



go natural  
**FOR THE LOVE  
OF TRUE FOOD**  
Two in one seminar & workshop  
**5 HOURS**  
HOSTED BY: JOHAN & ALICIA JACOBS  
Secure your seat - [www.gonatural.co.za](http://www.gonatural.co.za)

BOOK ONLINE

go natural

### 1. GO NATURAL's seminar and TRUE food workshop

In light of this pandemic, the lengthening of the lockdown period by two weeks and the uncertain times ahead, we have cancelled the event for May. We sincerely trust and PRAY for mercy that this virus will be something of the past soon. We will keep you posted with our newsletter and on Facebook of all our future events.

[Linked](#) find GO NATURAL's seven (7) remaining "For the Love of TRUE Food" events scheduled for 2020. We have changed our calendar from only presenting on Wednesdays, to having some on Fridays, Mondays and even on a Saturday. We have seen many attendees come from far and we believe that these new dates will make it easier to fit our events in your busy schedules.

Click on our video invitation below to see what you can expect from our "For the Love of TRUE Food" event.



If you haven't attended one yet, you are missing out on a huge injection of wisdom and know-how required for your health and vitality. [Read this latest review](#) by one of the attendees .

Invitation & Programme

Remember the Go Natural philosophy: **YOUR FOOD is YOUR FUTURE.**

Client Feedback

## Our EVENTS page

You can now plan and book ahead for all our upcoming 2020 events. [Linked](#) our Seminar and Workshop Schedule.

## Meat to Order

Remember, we supply pasture-reared meat from the Koup district in the Karoo. We also stock freshly frozen, vacuum-packed meat products, i.e. beef, lamb and chicken.

Product List

## JOY & JUIG Articles Filled with More Advice and Testimonies

We offer lots of advice in our monthly [articles](#) and/or testimonies in the JOY! and JUIG! magazines. [Read Go Natural's article](#) on the **IMPORTANCE OF SLEEP** in the JOY! magazine May issue.



## Final Words

You are always welcome to contact us for more information or advice regarding healthy living. We are privileged to have helped many people accomplish their goals to live a healthy life.

Here are some of our [testimonies](#)

I encourage you to never give up; ALWAYS push forward, and remember that your body is designed to win and heal. Always give your body what it was originally designed to have: real food and a clean environment. Remember, "SUCCESS IS NOT AN EVENT, IT IS A HABIT."

**Blessed regards**

**Johan and the GO NATURAL Team**

*"This newsletter does not provide medical advice. It is intended for informational purposes only. It is not a substitute for professional medical advice, diagnosis or treatment. Never ignore professional medical advice in seeking treatment because of something you have read in this newsletter or on the Go Natural website. If you think you may have a medical emergency, immediately call your doctor. More information on the COVID-19 Virus available here <https://sacoronavirus.co.za/>"*